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REVIEWS: Drinking Water Guide-II

How to Remineralize and Alkalize the Purified Water at Home!

Author: Rao Konduru, PhD

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Anamaría Aguirre Chourio

[5.0 out of 5 stars](#) [Best Drinking Water Guide to Live Healthy!](#)

Reviewed in the United States on March 18, 2020

Verified Purchase

Drinking Water Guide-II would certainly benefit many people in the way we never have imagined. Everyone should listen to the most important message of this book "Please do not drink tap water, well water & bottled water. Please always drink purified water, and learn how to remineralize and alkalize the purified water at home." This book has guided me and taught me many healthy water-drinking habits, and I list some of them below:

(i) I purchased a Countertop Water Distiller (the same distiller recommended in this book), and I now make my own distilled water every day. No more tap water.

(ii) I also purchased ConcenTrace mineral drops from a health food store near me.

(iii) I also purchased a TDS meter (the same meter recommended in this book) from Amazon. I learned how to use it from this book.

(iv)) I also purchased a Digital pH Meter (the same meter recommended in this book) from Amazon. I learned how to use it from this book.

(v) I have read Chapter 17, Chapter 18 & Chapter 19 several times. It was very easy to read and understand procedures. In Chapter 17, I read that: An adult must drink at least 8 cups or 2 liters of purified water, and so 16 drops of ConcenTrace mineral drops are required per day to remineralize the purified water to keep the TDS level under 200 ppm, and to keep the drinking water slightly alkalized.

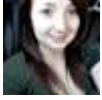
(vi) Every day, when I wake up in the morning, I mix 16 drops of ConcenTrace mineral drops with 2 liters (8 cups) of distilled water, and I drink all 8 cups throughout the day. The water I drink thus is purified, remineralized up to 200 ppm, and slightly alkalized as well (this is perfectly healthy water).

The manufacturer of ConcenTrace mineral drops recommends 40 drops per day without specifying the total number of cups of water to be mixed with per day. But this book recommends that more than 16 drops per 2 liters of purified water would be unnecessary, and may develop life-threatening long-term side effects because of high sodium consumption (I fully agree!).

I am sure that these water-drinking habits would keep me in good health. I now know that I would not become a victim of contaminated drinking water (mostly tap water), and will not develop any strange diseases due to mineral deficiency, and my body's cells would not leach minerals like some scientists claim.

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Lyndsie

5.0 out of 5 stars Practical Guide to Remineralize and Alkalize the Purified Water At Home!

Reviewed in the United States on December 10, 2020

Verified Purchase

Drinking Water Guide-II is the shortened version of the big book "Drinking Water Guide," created specially with those chapters on how to remineralize and alkalize the purified water at home. Drinking Water Guide-II is a very small book, does not have 400 pages.

The Big Bang Theory explained in Chapter 1 is the extremely relevant and intriguing part, without which this book would look like a building without foundation. In order to understand "The Origin of the Earth's Water," you need to understand the Big Bang Theory. It is important to learn that, as explained in this book, all the heavier elements including all those minerals that we use today to remineralize and alkalize the purified water were originally created in the burning cores of collapsing stars even before our solar system was created. We must learn how those stars were created and how those minerals were created within the stars. Without those minerals, how can we remineralize? It is true that stars are responsible for all the constituents of our planet Earth. We the readers must appreciate the author for providing us such a fascinating information about our Universe, stars and solar system. It is all perfectly relevant and very informative to readers.

Both books Drinking Water Guide and Drinking Water Guide-II have "all the information" a consumer ever needs on how to remineralize and alkalize the purified water at home. There are many experiments conducted at home in Chapter 17 and Chapter 18 to learn everything about it. In Chapter 3, Chapter 4 and Chapter 17, the book teaches all about:

(i) How to purchase or make your own purified water (RO water or distilled water), and

(ii) How to remineralize the purified water (RO water or distilled water) at home by adding precisely measured amount of Himalayan pink salt, or Celtic sea salt, or exact number ConcenTrace mineral drops to obtain the desired TDS level and desired pH level in the drinking water. A consumer needs to learn how to purchase and use the TDS meter, digital kitchen scale, digital pH meter, and measuring spoons. This book also shows how to purchase them and how to use them.

In Chapter 18, this book has extremely important information about Alkaline Water. There are 10 methods discussed about Alkaline Water. A consumer can either make his/her own alkaline water at home by adding either precisely measured amount of baking soda, or by adding exact number of ConcenTrace mineral drops to obtain the desired pH level in the drinking water. There are experiments conducted at home.

Or, a consumer can purchase an appropriate pitcher or machine and produce alkaline water at home. All details are there. The basic principle of Water Ionizers, Kangen Water Machines, Hydrogen Water & RO Water Machines is very well explained in this book. Overall, it is an extraordinary scientific book, extremely useful to all people.

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Rakib

5.0 out of 5 stars Professionally-Written Scientific Book!!!

Reviewed in the United States on December 19, 2020

Verified Purchase

If someone says that this book is a filler from the Internet, that must be a Big Fat Lie. This book is a highly researched, well-documented collection of scientific facts with many cited references. I understand that this book was written by a brilliant person with excellent scientific background. This author should be rewarded for writing such a beautiful first chapter on the Big Bang Theory. Everything in this book about the formation of our Universe, the formation of our Solar System, and formation of water on our planet Earth is so relevant and important. Everything is so beautifully explained in a simple language so that a layperson can understand.

I am sure this author has done an extensive research and literature review and has collected tons of information before writing the books "Drinking Water Guide" and Drinking Water Guide-II. He probably has read 100s (if not 1000s) of scientific articles and scientific journal papers, gathered all important aspects related to our Earth's water and drinking water, and assembled all important parts so elegantly into one place in order to create this wonderful book. Almost all scientific articles and journal publications are now available on the Internet. Why not use them? This author has very carefully cited all reference and properly documented, meaning that he acknowledged all the articles and publications he has used. The author wrote the whole book in his own simple language, but citing all references he has used. That is the professional-way of writing a scientific book.

As a matter of fact, there is no other book in the whole world that teaches "How to Remineralize and Alkalize the Purified Water at Home" like this book. This is the only book that contains sufficient number of practical experiments conducted at home on this topic so that any layperson with minimal scientific background would learn from this book, and make his or her own nutritious mineral water at home (instead of purchasing and drinking contaminated bottled water). I commend the author for writing and publishing this book, and for providing the humanity such an impressively comprehensive, extremely informative, extremely useful scientific book on healthy drinking water.

Everyone should read this book, and start drinking only purified water that is either neutralized (pH =7) or slightly alkalized (pH = 7 to 7.25), and remineralized up to a TDS level of 200 ppm, exactly as this book recommends repeatedly!

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Syed

5.0 out of 5 stars Big Bang Theory Is The Most Relevant Part of This Book!

Reviewed in the United States on November 8, 2021

Big Bang theory is absolutely the most relevant part of this book Drinking Water Guide-II. To understand THE ORIGIN OF THE EARTH'S WATER, a reader must thoroughly understand the Big Bang theory. That is why this author very kindly explained Big Bang theory step by step in Chapter 1 to educate the readers.

Big Bang theory has everything to do with the Remineralization and Alkalization of the Purified Water if you think deeply. This author very kindly teaches in a simple layperson's language that the all those minerals that we use today to remineralize and alkalize the purified water were originally created in the burning cores of collapsing Stars, even before our Solar System was created. The author explains very nicely how those Stars were created in our Universe 400 million years after the Big Bang, and how all those minerals (as a matter of fact, all those heavier elements of our periodic table) were originally created in the burning cores of collapsing Stars by a process known as stellar nucleosynthesis, even before our Solar System was created. This is the extremely relevant and very important part of this great book.

Every page and every chapter in this book has extremely relevant, important and helpful information. I haven't found even one page (not even a paragraph) that is not relevant.

This author has originally conducted scientific experiments and provided for us with all those spoon-feeding instructions (in Chapter 17, Chapter 18 & Chapter 19) so that any layperson can easily understand, remineralize and alkalize the purified water at home by adding precisely measured amounts of Himalayan pink salt, Celtic sea salt and/or ConcenTrace mineral drops. We cannot find those scientific experiments anywhere else in this world. Only in this book can those scientific experiments be found.

Drinking Water Guide-II is an extraordinary scientific book written by an extraordinary scientist with Big Heart.

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Steve_M

5.0 out of 5 stars Well-Organized Drinking Water Guide!

Reviewed in the United States on October 28, 2020

Verified Purchase

This is a very interesting book for understanding very complex ways of drinking water that exist on our planet Earth, and the necessary adjustment we need to make in order to live healthy. The water we drink today contains many germs, microorganisms, infections and bacteria. This book suggests that we must stop drinking tap water, well water, or bottled water as they might unknowingly contain contaminants, and we must drink only processed and purified water.

World Health Organization (WHO) reported that drinking demineralized water (which is processed and purified water) is harmful to your health. We therefore must learn how to remineralize the purified water at home. This book suggests that we should also either neutralize or slightly alkalize the purified water before drinking because acidic water is again harmful.

In the 2nd part of this book (Chapter 17 & Chapter 18), there are many experiments conducted at home on how to remineralize and alkalize the purified water. If you know how to use the TDS meter, Digital Kitchen Scale & pH Meter, you can remineralize the purified water at home by adding precisely weighed amount of Himalayan pink salt, or exact number of ConcenTrace mineral drops, which automatically remineralize and alkalize the purified water. But you must conduct experiments at home, and learn by trial & error how many drops are to be added precisely to obtain the desired TDS level and desired pH. I found that the experiments in the book are very easy to understand and very helpful. Indeed, it is a comprehensive book on remineralization and alkalization of purified water at home.

In the first chapter, the author convinces that all those minerals that we use today for remineralization and alkalization were actually manufactured in the burning cores of exploding and collapsing stars even before our Solar System was created, and even before the formation of our planet Earth. In the first chapter, the Big Bang Theory is very fascinating. The author very elegantly explains the formation of our Universe, formation of stars, formation of our Sun, formation of our Earth, and formation of our Moon.

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Peggie Tyson

5.0 out of 5 stars Why remineralize and alkalize the purified water at home?

Reviewed in the United States on June 29, 2022

Verified Purchase

Why remineralize and alkalize the purified water at home? This book answered that question very clearly. World Health Organization (WHO) cautioned repeatedly long ago that drinking demineralized water (RO water, distilled water, zero water, or any other purified water) is harmful to our health because certain scientific investigations revealed the fact that minerals and electrolytes could leach out from body's reserves and cause strange diseases and many abnormalities if there are not enough minerals and electrolytes present in the drinking water. We therefore must learn how to precisely remineralize the purified water before drinking.

Also purified water quickly absorbs carbon dioxide (CO₂) from the surrounding air and forms carbonic acid, making it acidic. The pH of purified water may drop to as low as 5.6, making it dangerously acidic. We therefore must also learn how to neutralize (pH=7) or slightly alkalize (pH=7 to 7.25) the purified water before drinking.

HIMALAYAN PINK SALT, CELTIC SEA SALT, CONCENTRACE MINERAL DROPS & BAKING SODA: Himalayan pink salt contains 88 trace minerals in it, and attributes to many health benefits. Himalayan pink salt also contains six electrolytes "sodium, potassium, chloride, magnesium, phosphorus and calcium" in it. Our bodies desperately need all these 6 electrolytes. Celtic sea salt contains 72 trace mineral in it, and ConcenTrace mineral drops contains 73 trace minerals in it. All these products are claimed to have the essential electrolytes in them. Baking soda is the best alkalizing agent.

We can very easily remineralize the purified water to any desired TDS level by adding the precisely measured tiny amount of Himalayan pink salt, Celtic sea salt, ConcenTrace mineral drops. ConcenTrace mineral drops can be used to simultaneously remineralize and alkalize the purified water (RO water, Distilled Water, or Zero Water) at home. We can very easily alkalize the purified water by adding a trace amount (only a few kernels) of baking soda.

This awesome book presented many experiments conducted at home on how to remineralize and alkalize the purified water at home using TDS meter, digital kitchen scale and digital pH meter. And I am using those experiments.

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Jaily

5.0 out of 5 stars Extremely Useful Health Guide To Make Nutritious Mineral Water

Reviewed in the United States on October 27, 2020

Verified Purchase

Drinking Water Guide-II (which is a 230-page book) was created from the 7 important chapters of the original book Drinking Water Guide (which is a 524-page book). This book is dedicated to teach "How to Precisely Remineralize and Alkalize Purified Water at Home" in two lengthy chapters (Chapter 17 & Chapter 18).

In Chapter 17, there are 8 experiments conducted at home with easy-to-follow instructions on how to precisely remineralize the purified water (RO water or distilled water) up to a TDS level of 200 ppm by using Himalayan pink salt, Celtic Sea salt, or ConcenTrace mineral drops. In addition there are some extremely useful examples to understand remineralization. By reading through Chapter 17 & Chapter 18, anybody with some scientific background can remineralize and alkalize the purified water at home. All a person needs is a Digital Kitchen Scale, Measuring Spoons, TDS meter, Digital pH Meter to precisely control the TDS level and pH of the final product.

In Chapter 18, the book details how to make your own alkaline water at home using baking soda or ConcenTrace mineral drops. There are experiments conducted at home with easy-to follow instructions. Moreover, there are 10 methods detailed on how to purchase alkaline water machines or pH booster drops from vendors and use them at home. What else a consumer wants? This wonderful book teaches everything you ever need to remineralize and alkalize the purified water at home.

Big Bang Theory in Chapter 1 is the most essential, most relevant and most intriguing part of this book. This book teaches that all those minerals that we use today to remineralize the purified water and other heavier elements of our periodic table were all as a matter of fact manufactured in the burning cores of collapsing and exploding stars in a process called "Stellar Nucleosynthesis." This book teaches formation of stars and formation of our Solar System in a simple language so that a layperson can understand. Overall this is a very important scientific book, extremely useful if you want to make and drink clean, healthy and nutritious mineral water at home at controlled TDS level and controlled pH.

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Malia

5.0 out of 5 stars Waters are not the water.

Reviewed in the United States on February 11, 2021

Verified Purchase

Water is just not water. I have kidney issues, and after reading this booklet, I purchased a distiller. And I am very happy I did. Wow. Since we are trying to eat good, shouldn't we know more about the water we drink. No matter if city, county, camping or well. What we put into our children's body is so important. Thank you also for the fast delivery.

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fahd

5.0 out of 5 stars Yes We Can Remineralize and Alkalize the Purified Water Using This Book!

Reviewed in the United States on October 10, 2021

This book provides us with a method to accomplish the healthy lifestyle on drinking healthy water that is completely purified, remineralized and slightly alkalized.

Big Bang Theory so nicely depicted in Chapter 1 is the most relevant and interesting part of this book, without which we would have been living with unclear concept about the origin of the water I drink. The author of this book has researched, read many scientific articles, and done an excellent job in compiling a review for us on "The Formation of Our Solar System" and "The Origin of the Earth's Water" with scientific details and evidence. I loved Big Bang Theory and everything in Chapter1.

Yes I remineralized and alkalized the purified water using this book, and I am sure anybody with minimal scientific background can do it. If you know how to use the TDS meter, Digital Kitchen Scale and Digital pH meter, you can remineralize and alkalize the purified water (either RO water or distilled water) by precisely adding trace amounts of Himalayan pink salt, Celtic sea salt, ConcenTrace mineral drops, and/or baking soda. The scientific experiments conducted at home by the author, and presented in Chapter 17 and Chapter 18, are extremely useful and highly valuable. If you want to drink healthy water, it is a must-read book.

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Connor Moringstar

5.0 out of 5 stars **Highly recommended**

Reviewed in the United States on December 15, 2019

This book remarkable reason these book's tips are extremely useful. I would propose this book to anybody. Whatever gratitude to the writer and must be prescribed for this book.

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Pam Barnes

5.0 out of 5 stars **Excellent Information For All!**

Reviewed in the United States on December 13, 2019

I think everyone needs to read this book. I'm impressed after reading this book. A very good book at low prices. Special thanks to the author.

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Josephine R Holder

5.0 out of 5 stars **Love this book**

Reviewed in the United States on December 13, 2019

Received this book on time. I would recommend this book. It's an easy read and contains good information.

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Carolyn Grigsby

5.0 out of 5 stars informative book

Reviewed in the United States on December 13, 2019

From the creation of earth to water its a good narration. The whole book is very informative for me.

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Top International Reviews

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Wellness Books

5.0 out of 5 stars Extremely Extraordinary & Impressive Book!

Reviewed in Canada on March 16, 2020

www.Amazon.ca

Verified Purchase

THIS BOOK HAS HELPED ME REMINERALIZE THE PURIFIED WATER AT MY HOME: By following the procedures in this book, I have conducted my own experiments at my home, and remineralized 1 liter of distilled water up to 150 ppm (approximately). I could have used RO water if I wanted to. By using my Digital Kitchen Scale, I measured the weight of Himalayan pink salt as 150 mg by trial and error. I added this 150 mg of Himalayan pink salt to 1 liter of distilled water in a glass bottle, and shook and mixed the glass bottle thoroughly to remineralize the distilled water. I then tested the remineralized water using my TDS meter. The TDS meter read approximately 145 ppm, confirming that the amount of Himalayan pink salt I added is verifiable and correct. That means the TDS level of the purified water I just remineralized is approximately 150 ppm.

If I want to remineralize 2 liters of distilled water or RO water, I would add 300 mg of Himalayan pink salt. There are many examples like this in this book.

PRECAUTION: Adding more than this amount of Himalayan pink salt without weighing precisely (just by guessing) to purified water would have a devastating effect on the overall health in a long run because of the high sodium content of Himalayan pink salt (I Agree!). If we add only limited amount of Himalayan pink salt by precisely measuring the weight with a Digital Scale, without exceeding the TDS level of drinking water 200 ppm, we would be perfectly safe to remineralize the purified water and drink it. The author warns that many people add a pinch of Himalayan pink salt using fingers (without knowing its weight), which is not a good habit. They should practice with a Digital Scale until they will be able to guess the right amount of salt approximately.

I consume one lemon a day as this book recommends. Eating one lemon a day would neutralize my body and keeps my urine pH close to 7. So I don't need to worry about alkalizing the purified water. If I want I could add a trace amount of baking soda, measure the pH using the Digital pH Meter until the purified water pH rises to 7.25. All I need is just remineralize it before drinking.

This book is extremely extraordinary in many respects, as it contains extremely useful information on everything we ever need on drinking healthy water. It seems this book is unnoticed by this world. Everybody needs this book. Every household should have this book, and everybody should learn and master the subject "How to Remineralize and Alkalize the Purified Water Correctly at Home."

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Top International Reviews

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kaitlyn Jeffries

5.0 out of 5 stars **This Book Is Primer!**

Reviewed in the United Kingdom on December 21, 2020

Verified Purchase

World Health Organization (WHO) reported and cautioned long ago that drinking demineralized water (which is the processed and purified water) is harmful to our health because the minerals could leach out from body's cells. Scientists suggested that this leaching effect can be diminished or minimized by remineralizing the purified water.

Many people don't know how to add the right amount of Himalayan pink salt, Celtic sea salt or ConcenTrace mineral drops in order to remineralize the purified water at home, but just use fingers, teaspoons, or even tablespoons without weighing precisely, and without knowing the exact quantity of the salt being consumed daily. Himalayan pink salt, Celtic sea salt or ConcenTrace mineral drops contain extremely high quantity of sodium. We must beware of that important information regarding the high sodium content.

Drinking Water Guide-II quotes that: The RDA (Recommended Daily Allowance) of sodium is 2,300 milligrams for healthy adults, and 1,500 milligrams for adults with a history of heart disease, who are over 51 years old or are African-American. We should never exceed this upper limit considering all foods and drinks being consumed daily.

Research showed that many people who overconsumed sodium chloride (NaCl) beyond the RDA developed and suffered from hypertension, osteoporosis, kidney stones, Meniere's Syndrome (ear ringing), insomnia, motion sickness, asthma, and a variety of cancers.

Both books Drinking Water Guide and Drinking Water Guide-II teach, with experiments conducted at home, how to remineralize the purified water (either RO water or distilled water) precisely and correctly without exceeding the upper limit of 200 ppm for the TDS (Total Dissolved Solids) level, which could save your life from serious health consequences. This book is primer on this particular topic!

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Top International Reviews

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Sara Jackson

5.0 out of 5 stars I did not find any fluff in this impressive book Drinking Water Guide-II!

Reviewed in the United Kingdom on June 22, 2022

Verified Purchase

I did not find any "fluff" in this impressive book Drinking Water Guide-II. The Big Bang Theory explained so nicely in Chapter 1, even though it occupied more than 100 Kindle pages, is not fluff but very relevant and clarifying information that every person must grasp.

To understand "The Origin of the Earth's Water," a reader at first must understand the Big Bang Theory. All those heavier elements including all those minerals that we use today to remineralize and alkalize the purified water were manufactured in the burning cores of collapsing stars, even before our solar system was created. That is why the author took all that risk to explain at first how those stars were created after the Big Bang, and how those minerals were created within the collapsing stars by stellar nucleosynthesis. This is a very relevant, worth-reading and worth-knowing information for all people. I loved it!

Nowhere in this book did the author mention that lemon is an alkalizing agent. This book clearly states in the beginning of Chapter 18 that lemon has a very low pH of 2.2 (acidic), and so we cannot simply make alkaline water by adding lemon juice to purified water. In order to make alkaline water, you need a basic substance such as baking soda (sodium bicarbonate NaHCO_3). And by adding baking soda, the author alkalized purified water. He also alkalized purified water by adding ConcenTrace mineral drops.

If anybody is interested in remineralizing and alkalizing the purified water, there are many experiments conducted and explained very clearly in Chapter 14, Chapter 17 & Chapter 18. This is an excellent book to remineralize and alkalize the purified water at home.

HOW TO REMINERALIZE THE PURIFIED WATER: In Chapter 14, this book presented very practical experiments on how to simultaneously remineralize and alkalize the purified water at home. In Chapter 17, there are many experiments on how to remineralize and alkalize the purified water by adding only trace amounts (only a few kernels) of Himalayan pink salt, Celtic sea salt and ConcenTrace mineral drops.

HOW TO ALKALIZE THE PURIFIED WATER: In Chapter 14, this book presented very practical experiments on how to simultaneously remineralize and alkalize the purified water at home. In Chapter 17, this book presented the very practical experiments conducted at home on how to alkalize the purified water by adding ConcenTrace mineral drops. And in Chapter 18, this book presented very practical experiments conducted at home on how to alkalize the purified water by adding trace amount (only a few kernels) of baking soda. All that information in this book is totally relevant, useful and helpful. I did not find any fluff at all.

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Top International Reviews

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Maryam

5.0 out of 5 stars I make my own purified water that is remineralized and alkalized!

Reviewed in the United Kingdom on June 24, 2022

Verified Purchase

Chapter 14 has everything I ever needed. Distilled water that is being sold in supermarkets in plastic bottles is untrustworthy because it could have scum in it. So I stopped purchasing distilled water, and purchased a ZeroWater pitcher, and started making my own purified water. It is better than distilled water because zero water is trustworthy. I now make my own purified water that is remineralized and alkalized!

As explained in Chapter 14 with experiments conducted at home, I add a trace amount (a few kernels) of Himalayan pink salt so that the TDS level is 20 ppm (I monitor TDS level using the TDS meter that comes with the ZeroWater pitcher). And then I add a trace amount (a few kernels) of baking soda so that the pH would be close to 7 (I monitor the pH level of the drinking water using a digital pH meter).

I drink every day at least 8 cups of purified water with TDS level of 20 ppm and a pH of 7. I am sure that this is the healthy drinking water.

I enjoyed everything about the Big Bang theory so nicely illustrated in Chapter 1. All that information about the formation of our Universe, our Stars, our Solar System, our Sun, our planet Earth and our Moon, and formation of water on our planet Earth is very interesting and relevant. It is not at all "fluff."

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Top International Reviews

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stacy anderson

5.0 out of 5 stars [Learn How to Remineralize & Alkalize the Purified Water at Home!](#)

Reviewed in the United Kingdom on June 8, 2021

Verified Purchase

At first I have read Chapter 17 and Chapter 18 thoroughly, and understood the contents. Then I practiced on "how to use TDS meter, digital kitchen scale and digital pH meter". It is very important to be proficient in using these items in order to remineralize and alkalize the purified water (RO water or distilled water) at home.

In Chapter 17, Table 17.14 gives the short-cut information on how much Himalayan pink salt or Celtic sea salt is to be added to remineralize 1 liter or 2 liters of the purified water. I just follow this table. My preferred TDS level in my drinking water is 50 ppm. So every day I add 100 mg of Himalayan pink salt to 2 liters of the purified water (RO water) as I drink 8 cups a day, and monitor the TDS level using TDS meter. That would keep the TDS level at 50 ppm.

If I eat one lemon a day, it would help keep my body at nearly neutralized state. If I want to slightly alkalize the purified water, I would add a tiny bit of baking soda to the purified water, and monitor the pH of my drinking water using a digital pH meter. I should make sure that pH is under 7.25. I must be cautious that drinking highly alkalized water every day is dangerous.

Alternatively, I would add ConcenTrace mineral drops to purified water (16 drops per 2 liters of purified water) which would both remineralize and alkalize the purified water at the same time without exceeding the upper limit. However, I must make sure that the TDS level is under 200 ppm, and pH level is between 7 and 7.25 (slightly alkalized) by adjusting the number of drops. I can drink this kind of healthy and nutritious purified water every day.

This book Drinking Water Guide-II has taught me "How to Remineralize and Alkalize the Purified Water at Home" very nicely and so I am greatly indebted to it.

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Rosie B.

5.0 out of 5 stars Learn How to Remineralize and Slightly Alkalize the Purified Water!

Reviewed in the United Kingdom on October 10, 2021

[Verified Purchase](#)

Purified water that is either neutralized (pH=7) or slightly alkalized (pH=7 to 7.25), and remineralized up to a TDS (Total Dissolved Solids) level of 200 ppm is the healthy drinking water.

I was able to make that kind of healthy drinking water at home by reading through Chapter 17, Chapter 18 & Chapter 19. In Chapter 17, there are many experiments conducted at home with easy-to-follow instructions on how to remineralize the purified water (RO water or distilled water) up to a TDS level of 200 ppm by adding Himalayan pink salt, Celtic sea salt, or ConcenTrace mineral drops. In Chapter 18, there are experiments conducted at home on how to alkalize the purified water. All you need are: TDS meter, digital kitchen scale, digital pH meter, and measuring spoons.

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Top International Reviews

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Jack mckeever

5.0 out of 5 stars **Drinking Water Guide-II Is Fascinating!**

Reviewed in the United Kingdom on March 12, 2020 www.Amazon.co.uk

Verified Purchase

I AM ONE HUNDRED PERCENT INTRIGUED WHEN I STARTED READING THE AMAZING DESCRIPTIONS ABOUT the formation of our Universe after the Big Bang, formation of first stars and eventually the formation of millions, billions and even trillions of Stars, formation of our Milky Way Galaxy, formation of our Solar System that consisted of our humongous Sun, our planet Earth, other 7 planets and our Moon. I was very curious to learn that our Sun manufactured our Solar System, which was resulted from a gigantic cloud of space dust and interstellar gas in a spinning and swirling motion. I was more curious to understand that the stars manufactured all those 117 heavier elements listed in our periodic table, and scattered into the interstellar space, even before our Solar System was created. This is how the Earth now possessed all those 177 heavier elements in addition to the primary element hydrogen (oxygen, carbon and nitrogen are the most important elements).

ONE INTRIGUING PARAGRAPH IN CHAPTER 1 READS: When you look up at night, you are seeing factories called "stars" equipped with nuclear-fusion reactors, working round the clock, without which the constituents for our entire natural world would not exist, including all those 117 heavier elements of our periodic table desperately needed for the survival of every human being, animal & plant.

ANOTHER INTRIGUING PARAGRAPH IN CHAPTER 1 READS: Astronomer Carl Sagan in his book "Cosmos" wrote that "The nitrogen in our DNA, the calcium in our teeth, the iron in our blood, the carbon in our apple pies were all made in the interiors of collapsing stars. We are all made of starstuff."

This is all incredibly fascinating information for me! I am so glad I have read this book.

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Top International Reviews

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Daniele D'Alessio

5.0 out of 5 stars Make Your Own Nutritious Mineral Water At Home!

Reviewed in the United Kingdom on August 30, 2020 www.Amazon.co.uk

Verified Purchase

Drinking Water Guide-II warns everybody that we must not drink raw water in its original form as the nature provides us because raw water has many unwanted and dangerous contaminants within it. Drinking Water Guide-II teaches that we must rather live like "Advanced Human Beings," and we must learn how to process the raw water, purify it either by distillation or by multi-stage reverse osmosis filtration process, and remineralize the purified water carefully up to a TDS (Total Dissolved Solids) level of 200 ppm, and also either neutralize or slightly alkalize the purified water before drinking (Caution: too much alkalization over pH=7.5 for daily drinking is harmful to your health). In other words, we must stop drinking tap water at home, and start drinking only purified water that is properly remineralized, and either neutralized or slightly alkalized. The 2nd part of this book Drinking Water Guide-II (Chapter 17, Chapter 18 and Chapter 19) is dedicated to teach all about it to any layperson.

THE AMAZING AND INTRIGUING FIRST CHAPTER is an added bonus to Drinking Water Guide-II. The creation and formation of our Universe after the Big Bang is explained in a clear way so that a layperson can easily understand and enjoy the contents. Our Universe initially was unimaginably and extremely hot and existed in the form of a primordial soup, broth or plasma of highly energized matter. As the temperature dropped exponentially, our Universe began expanding unstoppably without any boundaries. Nearly 400 million years after the Big Bang, the creation of the first star took place when clumps of interstellar gas collapsed under gravity with internal spinning and swirling, becoming a brightly twinkling light. Eventually the first star was followed by millions of stars, one by one, along with orbiting planets. Likewise, our Universe has been creating millions of stars along with orbiting planets and galaxies, and then billions of stars along with orbiting planets and galaxies, and then even trillions of stars along with orbiting planets and galaxies that are visible today! Formation of our spiral-shaped Milky Way Galaxy in which Our Solar System is located in one of the spiral arms is a major highlight.

Drinking Water Guide-II unveiled the scientific truth: The water we drink today is 4.54 billion years old, which is also the age of our planet Earth, the age of our Sun, and the age of our Solar System.

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Top International Reviews

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radpaikr

5.0 out of 5 stars **Always Drink Purified Water That Is Remineralized & Slightly Alkalized!**

Reviewed in India on June 7, 2021

Verified Purchase

I have read both books Drinking Water Guide & Drinking Water Guide-II, and learned many interesting drinking water strategies. Drinking Water Guide-II (which is the second part of the complete book Drinking Water Guide) is created for those people who cannot afford to purchase the complete book. After reading these 2 books, I made up my mind. I will never drink tap water anymore.

I can purchase purified water (RO water or distilled water) at the nearby supermarket, but drinking such water directly could make my immune system weak and could cause strange diseases as is cautioned by the World Health Organization long ago. So I decided to remineralize and slightly alkalize the purified water so that I would be completely safe.

I have adopted the following RULE, very nicely described, illustrated, and exemplified in the book:

The purified water that is either neutralized (pH=7) or slightly alkalized (pH=7 to 7.25), and remineralized up to a TDS (Total Dissolved Solids) level of 200 ppm is the healthy drinking water.

Every day, I make this kind of drinking water at home by adding Himalayan pink salt, Celtic sea salt, or ConcenTrace mineral drops to the purified water (RO water or distilled water). I add a tiny amount of baking soda or ConcenTrace mineral drops (a few drops) to adjust the drinking water pH. If you know how to do it, it takes only a few minutes a day to make the purified water that is remineralized and alkalized.

I recommend these two extremely useful books "Drinking Water Guide and Drinking Water Guide-II" to every household. Please do not drink tap water. Read these books.

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Harish Garg

5.0 out of 5 stars Extremely Important Guide to Remineralize and Alkalize the Purified Water!

Reviewed in India on July 27, 2022

Verified Purchase

Drinking Water Guide-II contains extremely important and beneficial information to remineralize and alkalize the purified water at home. I found it extremely useful and helpful.

(i) With the help of this book, I purchased a ZeroWater pitcher and started making my own zero water from tap water. Zero water is better than distilled water because the distilled water being sold in supermarkets is untrustworthy (as it could have scum in it). Zero water has a TDS level of zero so we must remineralize it before drinking according to World Health Organization (WHO).

(ii) With the help of this book, after reading the experiments conducted at home, I added a tiny pinch (only a few kernels) of Himalayan pink salt to zero water so that TDS level is approximately 20 ppm. I monitored TDS level of zero water using the TDS meter that comes with the ZeroWater pitcher.

(iii) With the help of this book, after reading the experiments conducted at home, I added a tiny pinch (only a few kernels) of baking soda so that the pH of the zero water would be approximately 7. I measured the pH level of zero water using a digital pH meter as explained in this book. I also learned how to use "pH drops" to measure zero water pH.

(iv) With the help of this book, after reading the experiments conducted at home, I often measure my urine pH using "pH paper for urine," and make sure that it is close to 7. That means my urine is neither acidic nor alkaline, but it is neutralized. Whenever my urine pH is more than 8, I discontinue adding baking soda to the zero water until my urine pH comes down close to 7.

I drink every day at least 8 cups of zero water that is remineralized and either neutralized or slightly alkalized. I learned all the aforementioned drinking water strategies from this great guidebook "Drinking Water Guide-II."

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Sumit Sharma

5.0 out of 5 stars Perfect Book to Remineralize & Alkalize the Purified Water at Home!

Reviewed in India on October 31, 2020 www.Amazon.in

Verified Purchase

If anybody says that this is not a good book, that must be a big lie. This is undoubtedly a 5-star book. I would give even 10 stars if possible.

This book very kindly teaches, in CHAPTER 17 & CHAPTER 18 with many experiments conducted, how to remineralize and alkalize the purified water (RO water or distilled water) comfortably at home. It also gives in Chapter 18 all options available to purchase and use all kinds of alkaline water machines. There is no other book like that in the market. This is the only book that is extremely useful if you want to make your own mineral water at home. Any reasonable person with minimal scientific background would be able to remineralize and alkalize the purified water at home by seriously reading and using this book.

However you need to learn and understand, as this book also teaches, how to purchase and use a TDS meter, digital kitchen scale and digital pH meter. Then only you will be able to remineralize and alkalize the purified water by adding precise amounts of either Himalayan pink salt, Celtic sea salt, or ConcenTrace mineral drops. It is very easy to do that if you have at least some basic scientific background. If you don't understand what the scientific definition of PPM is, this book is not for you.

I love Big Bang Theory explained in this book in Chapter 1, which is extremely relevant part of this book. The author very kindly teaches the origin of our drinking water, the age of our drinking water, the age of our Earth, and the age of our Solar System. Starting from the creation of our Universe until the creation of our Earth and the formation of water on our Earth, the author explains everything in a simple language. We all need to learn this most important information. Big Bang Theory in this book is a great gift. Any reasonable person would love this book. I love and cherish this wonderfully written and extraordinary scientific book!

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Top International Reviews

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Andrea Loru

5.0 out of 5 stars Very Practical Guide on Remineralization of Purified Water!

Reviewed in Italy www.Amazon.it

October 27, 2020

This is a very important and practical guide on the topic "How to Remineralize and Alkalize the Purified Water At Home." Everything is explained in a clear way in Chapter 17 with many experiments conducted at home about making remineralized water at home using Himalayan pink salt or ConteTrace mineral drops. There many easy-to-follow illustrations. This book also teaches how to use teaspoons to remineralize. I use ConcenTrace mineral drops which simultaneously remineralize and alkalize the purified water (these drops raise both TDS level and pH of purified water). The practical examples presented in Chapter 17 are very helpful. I follow the same steps explained in this book. After I read this book, I learned that it is very easy to remineralize and alkalize the purified water at home. Anybody with minimal scientific background can do this. If you don't understand what ppm is, you cannot remineralize purified water on your own. You should seek help from someone who has scientific background. Or you can just follow the same examples illustrated in Chapter 17, and repeat the same.

Big Bang Theory: I understood the author's broadminded intentions why Big Bang Theory is explained in Chapter1 of this book Drinking Water Guide-II. This book teaches that all the constituents of our planet Earth (as a matter of fact all those 117 heavier elements of our periodic table) were originally manufactured in the burning cores of collapsing stars, and then dumped and scattered via supernova explosions into the interstellar medium. Stars are responsible for everything that we have on our planet Earth. Our Solar System was created from a gigantic cloud of interstellar medium, which was already enriched with all those 117 heavier elements of our periodic table. This is how our Earth possessed so many minerals that we use today to remineralize and alkalize the purified water.

The SIX essential elements "Carbon, Hydrogen, Nitrogen, Oxygen, Phosphorus and Sulfur," which are desperately needed for the formation and survival of every human being, animal & plant, were originally manufactured in the burning cores of collapsing and exploding stars. This book details all about it in Chapter 1. It is an amazing and impressive book!

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Top International Reviews

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Bilal Khalil

5.0 out of 5 stars Excellent Book to Remineralize Purified Water

Reviewed in the United Arab Emirates (UAE) www.Amazon.ae

November 2, 2020

Drinking Water Guide-II is a scientific book. The purpose of this book, as the subtitle suggests, is to teach "How to Remineralize and Alkalize the Purified Water at Home."

The Big Bang Theory (Chapter 1) is an added bonus to the readers to understand the formation of our Universe, formation of Stars, formation our Solar System, formation of our Sun and our planet Earth, and formation of water on our planet Earth.

Understanding the formation of Stars is very important for this book because the book teaches that all the constituents of our planet Earth, including all those minerals that we add to remineralize the purified water were created in the burning cores of collapsing stars. As a matter of fact, all those 117 heavier elements of our periodic table were manufactured in the burning cores of stars by a process known as Stellar Nucleosynthesis. Oxygen was an important element manufactures in the burning cores of stars. Hydrogen and oxygen then combined at appropriate climate conditions and formed water molecules, and then entered into the space dust and interstellar gas from a gigantic cloud of which our Solar System was created. This is how our Earth accreted water even before it was born. The origin of our Earth's water is revealed in this book based on scientific facts. I enjoyed everything!

Chapter 17 and Chapter 18 contain the most important information on "How to precisely remineralize and alkalize the purified water at home." There are many experiments conducted at home and there are examples with easy-to-follow instructions to understand how to remineralize and alkalize the purified water at home. I found it very useful. In Middle East, many people drink desalinated water. Those people should learn how to remineraliae and alkalize the water they drink. This book is resourceful and very helpful to do that.

By reading this book, I purchased and learned how to use TDS meter, digital kitchen scale and digital pH meter. I was able to remineralize 2 liters of purified water by adding Himalayan pink salt. And I will continue doing that every day.

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Top International Reviews

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A THAKUR

5.0 out of 5 stars Extremely Useful Drinking Water Guide!

Reviewed in India on March 13, 2020

Verified Purchase

This book has massive amount of information on drinking water. This books message is that Please do not drink tap water, well water, or bottled water of any kind without knowing how pure it is. Please always drink purified water. And learn how to remineralize and alkalize the purified water at home. I firmly believed in this message.

The simplest way to remineralize the purified water such as distilled water or reverse osmosis water (RO water) at home is to add Himalayan pink salt, Celtic sea salt or ConcenTrace mineral dops. This book shows the complete mineral composition.

- (i) Himalayan pink salt has 88 trace minerals.
- (ii) Celtic sea salt has 72 trace minerals.
- (iii) ConcenTrace mineral drops product has 73 trace minerals.

Our bodies desperately need all these trace minerals. There are many scientific research reports and papers concluding that drinking demineralized water is harmful to our health. This book contains innovative experiments conducted at home on how to remineralize and alkalize the purified water at home. I tried it, and it is very easy to make my own mineral water with a TDS level of 200 ppm at home. Everything is easily understandable.

AFTER READING THIS BOOK, I CHANGED MY DRINKING WATER HABITS: I usually purchase RO water in the supermarkets (there they test RO water every day so it is trustworthy), and then I remineralize and alkalize it at home by following the methods described in this book (CHAPTER 17 & CHAPTER 18). If I use ConcenTrace mineral drops it simultaneously remineralizes and alkalizes the purified water (without using Himalayan pink salt or Celtic sea salt). I am now very happy to drink properly remineralized and alkalized purified water at home. I sincerely convey my thanks to the author who wrote this amazing, extremely useful, and very practical book!

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Barinder Thakur

5.0 out of 5 stars Wonderful Source of Scientific Facts!

Reviewed in India on May 17, 2020

Verified Purchase

This book clarifies that water formation occurred in the interstellar medium about 6 billion years ago even before the creation and formation of our Solar System. Both components hydrogen and oxygen must abundantly be available under appropriate climate conditions. These conditions should suit and encourage the following chemical reaction to take place properly in the interstellar medium: $2 \text{H}_2 + \text{O}_2 = 2 \text{H}_2\text{O}$

At that time, some 6 billion years ago when our Solar System was being created, suitable climate conditions prevailed for the formation of water molecules from the abundantly available elements hydrogen and oxygen and entered into the particles of stardust and interstellar gas (also called primordial gas) in the interstellar medium of the gigantic cloud from which our Solar System was created. NASA reported that there is plenty of water everywhere in the interstellar medium of our Milky Way Galaxy.

Very Important Observation: Which obviously means that there could be liquid water and therefore the life similar to our planet Earth on the planets orbiting around the other Solar Systems in our Milky Way Galaxy, and even on countless planets of other galaxies across our Universe. I was blown away by this amazing information revealed in this wonderfully written book of scientific facts!

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Healthy Promotions

5.0 out of 5 stars Drinking Water Guide Written for Laypersons!

Reviewed in India on March 18, 2020

Verified Purchase

The amazing 1st Chapter of Drinking Water Guide-II is my favorite chapter. I was pleasantly entertained while reading the formation of the Universe, Milky Way Galaxy & Solar System. It was astonishing to know that our Sun manufactured our Solar System from a gigantic cloud of the space dust and the interstellar gas. I never heard about it until I read this book. All those detailed descriptions about the creation and formation of the Universe are found to be super interesting. Everything in this chapter is supported by scientific evidence.

I have read both books "Drinking Water Guide and Drinking Water Guide-II". Drinking-Water Guide-II is created to make it affordable to most people (It is a lot cheaper and contains the most important chapters). The most important Chapters in this book are "Chapter 17, Chapter 18 & Chapter 19" in which the Remineralization of Purified Water and the Alkalization of Purified Water can be easily understood from sample experiments conducted at home. This book teaches how to add the precise and pre-determined amount of Himalayan pink salt, Celtic sea salt, or ConcenTrace mineral drops to purified water to maintain the safe TDS (Total Dissolved Solids) level under 200 ppm. Maintaining the TDS level at 200 ppm in drinking water is very important or we will be consuming too much sodium. Consuming too much sodium makes a person unhealthy.

The complete book "Drinking Water Guide: The Quick-Reference Manual to Choosing Clean & Healthy Water" has 20 chapters of the colossal amount of information about drinking water. In this complete book, all types of drinking water are explained in many chapters. The book repeatedly reminds the readers that "please do not drink tap water, well water, or bottled water; please always drink purified water." All chapters are very interesting, informative and the author gives recommendations with incredible tips to protect one's health from waterborne diseases in order to live healthy. The best scientific book written for laypersons.

Both books are extremely impressive, and both books are highly recommended!

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Sumit J

5.0 out of 5 stars Best Drinking Water Guide!

Reviewed in India on March 14, 2020

Verified Purchase

"Drinking Water Guide-II" is enriched with the powerful knowledge about drinking water. After I finished reading this resourceful book, I made a commitment to myself that I should drink only purified water, not tap water, not well water, not bottled water, and not any other water but always purified water. This book taught me that "purified water is demineralized water", meaning that all the essential minerals and trace minerals have been completely removed during the handling of the purification process. This book also cautioned that World Health Organization (WHO) warned that drinking demineralized water in a long run is harmful to the health, as there are many real-life scientific reports warning that many people developed strange diseases after drinking demineralized water for a long time.

We should therefore learn how to remineralize and alkalize the purified water at home by reading through the experiments conducted at home in Chapter 17, Chapter 18 & Chapter 19. Everything in these 3 chapters is explained so nicely that a layperson could easily understand and learn how to remineralize and alkalize the purified water at home. I learned everything so easily, and started remineralizing and alkalizing my purified water before drinking. This book is there to guide everyone how to do that.

Every person should change their water-drinking habits and replace them with the habits outlined in this book because this is the only way a person will be able to lead a healthy lifestyle without ever being contracted by highly infectious waterborne diseases and viruses, and other diseases developed due to mineral deficiency.

Many people still don't know how to drink water correctly, and don't even notice that their strange health problems could have been originated from the tap water and bottled they have been drinking carelessly for decades. I recommend this very important Drinking Water Guide-II to every adult around the world.

Your health is of paramount importance. Wishing you a healthy lifestyle, I remain!

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Babit

5.0 out of 5 stars [Learn How to Remineralize and alkalize the Purified Water!](#)

Reviewed in India on June 9, 2021

Verified Purchase

This is the only book available on this particular topic. Drinking Water Guide-II is a short book, created with 7 chapters of the complete book Drinking Water Guide, including those chapters related to remineralization and alkalization. I have read all 7 chapters, and every page of this book has important and useful information. The author very sincerely and very elegantly teaches many water-drinking habits in this book in a simple language.

I understood the scientific meaning of PPM (Parts Per Million) only by reading this book. If you understand the meaning of PPM with clear concept, you can easily understand how to remineralize the purified water.

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Amit

5.0 out of 5 stars [Learn How to Remineralize and alkalize the Purified Water!](#)

Reviewed in India on 16 June 2021

Verified Purchase

I have read and understood all the experiments conducted at home by Dr. RK and published in Chapter 17 and Chapter 18. They are all very practical and scientific experiments, which cannot be found in any other book. By using the information in Table 17.14, I was able to remineralize the purified water (RO water) at my home. I just measure the amount of Himalayan pink salt using a digital kitchen scale, and add it to 2 liters of RO water. I do that every day, and drink 2 liters of purified water that is remineralized to a TDS level of 100 ppm. I may increase this TDS level up to 200 ppm in the future, which is the upper level. I also add some freshly squeezed lemon juice whenever I drink remineralized purified water. If I want I could add a very tiny and precisely measured amount of baking soda as well to slightly alkalize it.

The Big Bang Theory explained in Chapter 1 is my favorite part of this book. Everything in Chapter 1 is intriguing. The origin and the history of the Earth's water is very clearly and very beautifully explained, based on scientific research papers. The author explains that all those minerals that we use today to remineralize and alkalize the purified water were actually manufactured in the stars even before our solar system was created. We can find such a superior quality information only in this book. Amazing book!

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Anurag Sharma

5.0 out of 5 stars Drink Distilled Water That is Slightly Alkalized & Remineralized!

Reviewed in India on October 7, 2021

Verified Purchase

By reading this book (Chapter 18), I have purchased an "Alkaline Water Pitcher" online from Amazon. Alkaline water pitcher does two jobs at a time: (i) it filters and removes all contaminants, toxins from tap water, and (ii) it adds minerals to the filtered water improving both pH level and TDS level. The final product from the pitcher is the alkalized mineral-rich water. This book taught me how to carefully select an "Alkaline Water Pitcher" to meet my specific needs and interests.

I have also purchased a TDS meter and Digital pH meter. I monitor the TDS level and pH level of my drinking water every now and then, and make sure that the water I drink is slightly alkalized and remineralized up to a TDS level of 200 ppm. I learned everything from this wonderful book. Do not hesitate to have this book at your home.

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Harshit srivastava

5.0 out of 5 stars I Learned How to Remineralize and alkalize the Purified Water!

Reviewed in India on October 8, 2021

Verified Purchase

Drinking Water Guide-II is a scientific book. The purpose of this book is to teach you "How to Remineralize and Alkalize the Purified Water at Home." And it indeed teaches everything you need to do it precisely in the scientific manner.

Chapter 17, Chapter 18 and Chapter 19 (2nd Part of the book) contain the most important information on "How to precisely remineralize and alkalize the purified water at home." There are many scientific experiments conducted at home with easy-to-follow instructions to understand how to remineralize and alkalize the purified water at home. Those people who drink distilled water should learn how to remineralize and alkalize the distilled water before they drink. This book is resourceful and kindly teaches how to do that at the comfort of your home.

By reading this book, I purchased and learned how to use TDS meter, digital kitchen scale and digital pH meter. I was able to remineralize 2 liters of purified water (Distilled Water is my favorite water) by adding Himalayan pink salt. I also learned how to alkalize it by adding a pinch of baking soda. And I will continue doing that every day.

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Rahul gupta

5.0 out of 5 stars Always Drink Purified Water at Balanced pH Level!

Reviewed in India on October 7, 2021

Verified Purchase

This book "Drinking Water Guide-II" has taught me how to drink water at balanced pH level. I have heard that many people nowadays are drinking alkaline water every day, which is not a healthy drinking habit.

THIS BOOK REMINDS US: The pH of your stomach is always acidic and varies from 1.5 to 3.5, and sometimes your stomach pH reaches 4 or 5. The acids present in stomach are very important and essential for digestion, and to kill bacteria and viruses. Drinking alkaline water continuously makes it difficult to maintain the stomach pH in the acidic range.

THIS BOOK CAUTIONS US: Though the human body has an amazing ability to maintain a normal steady pH in the blood between 7.35 and 7.45, if you drink alkaline water at high pH of 9 or 10 all the time, it becomes very difficult for the body to maintain normal blood pH between 7.35 and 7.45.

You may develop alkalosis (a condition developed due to the presence of excess base), and this condition could affect the proper functioning of lungs, kidneys & liver.

Read this book and learn your lesson!

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Sunil Chandel

5.0 out of 5 stars Drink Distilled Water That is Slightly Alkalized & Remineralized!

Reviewed in India on October 8, 2021

Verified Purchase

After I read this book "Drinking Water Guide-II," I learned how to purchase and use the TDS meter, Digital Kitchen Scale, and Digital pH meter. If I know how to use these instruments, everything becomes easy to remineralize and how to alkalize the purified water (RO water or distilled water) at home.

I now drink only distilled water purchased at the local pharmacy. I have implemented the following principle and make my own mineral water every day. Distilled water that is either neutralized or slightly alkalized, and remineralized up to a TDS level of 200 ppm is the healthy drinking water. I am deeply indebted to Drinking Water Guide-II.

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REVIEWS: Drinking Water Guide-II

How to Remineralize and Alkalize the Purified Water at Home!

Author: Rao Konduru, PhD

ASIN # B07ZDHHGFZ

ISBN # 9780973112078

Author's website: www.drinkingwaterguide.com

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When this book was advertised offering free promotion or countdown deal, many readers downloaded and posted the following REVIEWS on Amazon.com. But the Amazon's automatic clean-up program later removed many reviews. Amazon removes millions of reviews every year.

5.0 out of 5 stars 32 customer ratings

Showing 1-10 of 32 reviews



Golden Jason

5.0 out of 5 stars Wonderful Book...!!

Reviewed in the United States on December 14, 2019

Format: Kindle Edition

This book was one of the best books I have read recently. I have recommended it to all my friends. Author really did his work well! It is well researched, well thought out and formatted, well edited!! and very informative! He divides the books into sections on various types of water care: He even rates different means of treating water and gives his recommendations with pricing! I highly recommend it as it is very useful whether you are a homeowner, a camper, a hiker, an outdoors person or anyone who drinks water!

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Heaven Jaxson

5.0 out of 5 stars Awesome Write...!!

Reviewed in the United States on December 14, 2019

Format: Kindle Edition

Has more info on water and ALL the filters they have. What you need after you figure your water type . Also tons of info on filters and at the end his recommendations for best ones in the class like pitcher filter, faucet, whole house and more. Don't think you could get more info than he has. Easy to read and lots of information.

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Danny A Edwards

5.0 out of 5 stars Good book

Reviewed in the United States on December 14, 2019

Format: Kindle Edition

Book is definitely worth the investment, it has helped me pass the class 2 water distribution, doesn't have everything you need to pass the exam like it claims, but is a great resource with good sample questions, also all the answers to the sample questions are in the back of the book so you know what the right answer is.

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Lily

5.0 out of 5 stars Good read

Reviewed in the United States on December 14, 2019

Format: Kindle Edition

Good manual and reference for entry level water distribution operators. Formatted very differently than the CSU Sacramento manual (for those not liking the CSU manual). Good question sets. Several minor mistakes typical to first editions. Overall valuable and usable information.

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Michelle

5.0 out of 5 stars Easy to read.

Reviewed in the United States on December 14, 2019

Format: Kindle Edition

I was impressed by every chapter of the book. The scholars have already been able to identify too well the specifics of the novel. Yet I think I've benefited tremendously from reading this book. Even though this book has been able to help me gain some knowledge and experience.

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RoseC

5.0 out of 5 stars Excellent

Reviewed in the United States on December 14, 2019

Format: Kindle Edition

Unlike some other books around here that, in other cases, simply drag and drop from different sources, this is a real book worth the money. It's written enough to recognize it, but it still covers things that matter. I'm proposing a lot more of this book.

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KON

5.0 out of 5 stars I enjoyed this book very much!

Reviewed in the United States on December 13, 2019

Format: Kindle Edition

This book is extremely extraordinary, in the wake of pursuing this book I am so intrigued. On account of the writer, I would prescribe this book to anybody. Many thanks to the author for giving us such a beautiful book.

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Alonzo Alfred

5.0 out of 5 stars This book amazingly

Reviewed in the United States on December 13, 2019

Format: Kindle Edition

This book amazingly remarkable, in the wake of scrutinizing this book I am so interested. Because of the essayist's writing ability, I would recommend this book to anyone. Much obliged to the writer for giving us such a lovely book.

One person found this helpful

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Miri Robin

[5.0 out of 5 stars](#) [Like it](#)

Reviewed in the United States on December 14, 2019

[Format: Kindle Edition](#)

We had bought 2 or 3 other manuals to help our guys study for their test and were disappointed. They said that this book has the information in it that they need to study for the test. They are pleased with it.

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Showing 11-20 of 32 reviews



Mike

[5.0 out of 5 stars](#) [Love this book](#)

Reviewed in the United States on December 15, 2019

[Format: Kindle Edition](#)

This book has extraordinary explanation, most of the tips are amazingly valuable. I would prescribe this book to anyone. Whatever, on account of the essayist and must endorsed for this book.

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Nusirat Ishola

TOP 1000 REVIEWER

[5.0 out of 5 stars](#) [This book is very helpful to](#)

Reviewed in the United States on December 15, 2019

[Format: Kindle Edition](#)

This book unprecedented reason the majority of these books tips are extremely useful. I would recommend this book to anybody. Whatever, because of the writer and must prescribed for this book.

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leey

[5.0 out of 5 stars](#) [Good book](#)

Reviewed in the United States on December 14, 2019

[Format: Kindle Edition](#)

Lots of good tips for all sorts of emergency water situations and sanitation. A small book with big information that will be helpful for anyone looking for information about water preparations.

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Princess Cristina

[5.0 out of 5 stars](#) [Good book](#)

Reviewed in the United States on December 14, 2019 [Format: Kindle Edition](#)

This is a must have if you practice prepping. It can feel in the gaps of everything you thought you knew about water preperation. [Very informative and I highly recommend this book.](#)

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Connor Moringstar

[5.0 out of 5 stars](#) [Highly recommended](#)

Reviewed in the United States on December 15, 2019

[Format: Kindle Edition](#)

This book is remarkable, the book's tips are extremely useful. I would propose this book to anybody. Whatever gratitude to the writer and must be prescribed for this book.

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kazoua vang

[5.0 out of 5 stars](#) [Excellent book♦♦](#)

Reviewed in the United States on December 15, 2019

[Format: Kindle Edition](#)

I absolutely would need to prescribe this to anybody intending to improve any bit of their life. Many thanks to the author for giving us such a beautiful book.

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Rizwan Khan

TOP 1000 REVIEWER *5.0 out of 5 stars* [Wow](#)

Reviewed in the United States on December 14, 2019

[Format: Kindle Edition](#)

The book to have if Obtaining your Distribution Water License. It's easy to read and I enjoy it better than the California Book. Easier to understand.

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Pam Barnes

5.0 out of 5 stars [Excellent Information For All!](#)

Reviewed in the United States on December 13, 2019

[Format: Kindle Edition](#)

I think everyone needs to read this book. I'm impressed after reading this book.
A very good book at low prices. Special thanks to the author.

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Donn K Johnson

5.0 out of 5 stars [Love it](#)

Reviewed in the United States on December 14, 2019

[Format: Kindle Edition](#)

It's a great book. Full of knowledge and information if you're able to take the Drinking Water operator test.

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Josephine R Holder

5.0 out of 5 stars [Love this book](#)

Reviewed in the United States on December 13, 2019

[Format: Kindle Edition](#)

Received this book on time. I would recommend this book. It's an easy read and contains good information.

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Showing 21-30 of 32 reviews



Sofia Langdon
[5.0 out of 5 stars](#) [Recommended](#)
Reviewed in the United States on December 15, 2019
[Format: Kindle Edition](#)

This is a great book indeed. I found this book very informative. I would recommend this book to everyone.



+++++

Nikki Palmar
[5.0 out of 5 stars](#) [I would recommend this book.](#)
Reviewed in the United States on December 13, 2019
[Format: Kindle Edition](#)

Received this book on time. I would recommend this book. It's an easy read and contains good information.



+++++

Carolyn Grigsby
[5.0 out of 5 stars](#) [Informative book](#)
Reviewed in the United States on December 13, 2019
[Format: Kindle Edition](#)

From the creation of earth to water its a good narration.
The whole book is very informative for me.



+++++

Prince Albert
[5.0 out of 5 stars](#) [Very informative](#)
Reviewed in the United States on December 14, 2019
[Format: Kindle Edition](#)

This is very extensive and cover almost all of the bad things that can happen to a water supply.

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Robertson~=

[5.0 out of 5 stars](#) [Great book!!](#)

Reviewed in the United States on December 13, 2019

[Format: Kindle Edition](#)

Very interesting book for understanding the very complex ways of drinking water .

+++++



Allison Blake

[5.0 out of 5 stars](#) [Excellent book](#)

Reviewed in the United States on December 13, 2019

[Format: Kindle Edition](#)

This is an excellent read! Entertaining from start to finish.

+++++



Jane Carter

[5.0 out of 5 stars](#) [Great Book...!!!](#)

Reviewed in the United States on December 14, 2019

[Format: Kindle Edition](#)

This book does it all. It explains the potential pollutants that can be in your drinking water, evaluates some of the risks, gives you criteria to decide whether or not to get your water tested (with resources for reputable testers), evaluates several different methods of drinking water filtration, and even reviews and rates available systems. I've been going round in circles trying to get some clear answers and finally found them in this book. The author has his preferences, but if an issue is controversial (e.g., fluoridation) he presents a balanced discussion and/or points the reader to other sources of information. Great resource.

+++++



Crystal

[5.0 out of 5 stars](#) [Helpful guide!](#)

Reviewed in the United States on December 14, 2019

[Format: Kindle Edition](#)

Fantastic guide for all of us. I found it from Amazon. The book teaches how to neutralize the body by consuming purified water with lemon juice or by simply eating a whole lemon. The book also shows how to slightly alkalize or fully alkalize the purified water by adding a tiny bit of baking soda or concertrace mineral drops. I found an Amazing guide for me.

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Joana Bersamina

[5.0 out of 5 stars](#) [Excellent informative book!!](#)

Reviewed in the United States on December 13, 2019

[Format: Kindle Edition](#)

I have recommended it to all my friends. Author really did his work well! It is well researched, well thought out and formatted, well edited!! and very informative! He divides the books into sections on various types of water care.

+++++



Paul Lindsay

[5.0 out of 5 stars](#) [Nice book.....!](#)

Reviewed in the United States on December 13, 2019

[Format: Kindle Edition](#)

Very informative regarding water and water born diseases. This book goes in depth about waterborne illnesses and small to large ways to prepare and preserve water, Your most crucial prepp.

+++++

Showing 31-32 of 32 reviews



Saul Smith

[5.0 out of 5 stars](#) [Good book](#)

Reviewed in the United States on December 13, 2019

[Format: Paperback](#)

We all drink and use water and not all of it is safe. Lots of info that took much time to obtain. Highly recommend!

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Leo Messi

5.0 out of 5 stars **Wow**

Reviewed in the United States on December 14, 2019

[Format: Kindle Edition](#)

It really helped me decide what kind of water filtration system you need for your home.

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REVIEWS: Drinking Water Guide

Author: Rao Konduru, PhD

ASIN # B07TRX4ZQT

ISBN # 9780973112061

Author's website: www.drinkingwaterguide.com

When this book was advertised offering free promotion or countdown deal, many readers downloaded and posted the following REVIEWS on Amazon.com. But the Amazon's automatic clean-up program later removed many reviews. Amazon removes millions of reviews every year.

+++++

Customer Reviews on Amazon.com

4.9 out of 5 stars

Showing 1-10 of 54 reviews



Lori P. Kove

4.0 out of 5 stars **Amazing!!!**

Reviewed in the United States on August 22, 2019

Format: Kindle Edition Verified Purchase

Very satisfied with my purchase, everything is explained in a clear way and I can say that this book has thought me a lot about Drinking Water Guide...

4 people found this helpful!

+++++



R KONDURU

5.0 out of 5 stars **Everything you ever want to know about drinking water!**

Reviewed in the United States on July 31, 2019

Verified Purchase

Reviewed in the United States on July 31, 2019

Format: Paperback Verified Purchase

I was indeed thrilled to read through and learn the amazing descriptions on the formation of our Universe after the Big Bang, formation of stars, planets, galaxies, including the formation of our solar system, our Sun and our planet Earth. Chapter 1, Chapter 13, Chapter 17 & Chapter 18 contain the most valuable information. In a nutshell, this book teaches that we should avoid tap water, well water & bottled water, and drink only purified water that is either neutralized or slightly alkalized, and remineralized up to a TSD (Total Dissolved Solids) level of 200 ppm. The book teaches how to alkalize and remineralize the purified water with sample experiments conducted at home. The book teaches healthy water-drinking habits, and gives recommendations at the end of each chapter. I greatly admire and recommend this highly researched, well-documented, and fully comprehensive guide on drinking water to every adult living on our planet Earth.

+++++



John

5.0 out of 5 stars love it

Reviewed in the United States on August 21, 2019

Format: Kindle Edition Verified Purchase

The aides and data are anything but difficult to pursue and let you know precisely whats great and what's terrible, and truly what more is there to know than that! The additional information, for example, the fat consuming nourishment was extremely valuable for me particularly collaborated with the plans they could be included into. Generally a decent book with loads of incredible tips, and ones that you would effortlessly adhere to whenever spurred enough.

+++++



Nusirat Ishola

5.0 out of 5 stars Excellent

Reviewed in the United States on August 23, 2019

Format: Kindle Edition Verified Purchase

This book is amazing. I inclined such colossal amounts of viable things from this book. I love this book. I genuinely value scrutinizing this book. I would recommend this book to anybody. Whatever, on account of the writer, we must be suggested for this book.

+++++



J. Grady

4.0 out of 5 stars A great tool

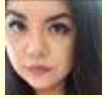
Reviewed in the United States on August 22, 2019

Format: Kindle Edition Verified Purchase

If you wish to learn The Quick-Reference Manual from zero, I think this book is for you. It has all the instrument you need to go from zero to a more than decent knowledge.

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Suzanne Gonzalez

5.0 out of 5 stars Interesting book.

Reviewed in the United States on August 26, 2019

Format: Kindle Edition Verified Purchase

I cherish this book. I truly worth examining this book. I would prescribe this book to anybody. Finally I can say that this book has contemplated Drinking Water Guide.

+++++



Ralph Torres

TOP 1000 REVIEWER

5.0 out of 5 stars Good examples of equipment.

Reviewed in the United States on August 25, 2019

Format: Kindle Edition Verified Purchase

Very interesting book for understanding the very complex ways of drinking water. It really helped me decide what kind of water filtration system I need for my home.

+++++



King\$

5.0 out of 5 stars Recommended

Reviewed in the United States on August 23, 2019

Format: Kindle Edition Verified Purchase

This book is extremely extraordinary, in the wake of pursuing this book I am so intrigued. On account of writer and would must prescribed for this book to anybody.

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Paul D. Starr

[5.0 out of 5 stars](#) [five star](#)

Reviewed in the United States on August 23, 2019

[Format: Kindle Edition](#)[Verified Purchase](#)

Perfect for what I was looking for! 100% satisfied with my purchase. It arrived 2 days before expected.

+++++



Jack

[5.0 out of 5 stars](#) [Incredible book](#)

Reviewed in the United States on August 30, 2019

[Format: Kindle Edition](#)

The assistants and information are definitely not hard to seek after and let you know decisively whats incredible and what's awful, and really what more is there to know than that! The extra data, for instance, the fat expending sustenance was incredibly profitable for me especially worked together with the plans they could be incorporated into. For the most part a not too bad book with heaps of mind blowing tips, and ones that you would easily cling to at whatever point prodded enough.

+++++

Showing 11-20 of 54 reviews



Andy Bassett

[5.0 out of 5 stars](#) [Nice Read](#)

Reviewed in the United States on August 31, 2019

[Format: Kindle Edition](#)

Good information, from what I have read of this book so far.

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A R. Hernandez

[5.0 out of 5 stars](#) [GOOD BOOK](#)

Reviewed in the United States on August 24, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

It explains the potential pollutants that can be in your drinking water, evaluates some of the risks, gives you criteria to This is a good book if you are at all wanting to know more about water filtration. decide whether or not to get your water tested (with resources for reputable testers), evaluates several different methods of drinking water filtration, and even reviews and rates available systems. I've been going round in circles trying to get some clear answers and finally found them in this book. The author has his preferences, but if an issue is controversial (e.g., fluoridation) he presents a balanced discussion and/or points the reader to other sources of information. Great resource. Thank you!

+++++



Aron Smith

[5.0 out of 5 stars](#) [Wonderful Book...!](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This is a good book if you are at all wanting to know more about water filtration. The author also includes different products and his rating of each of these. I was a bit surprised to not see a company called multipure mentioned that has been in the water filtration business for many years though. That is the filter I have used for the past 20 years and they have independent lab tests to prove they do a great job of filtering. I thought it would be useful to look at various types of filtering and see what is new. I would suggest this book to anyone who is concerned about drinking clean water and wants to understand how filtering works.

+++++



Alejandra Moreno

[5.0 out of 5 stars](#) [Recommended.....@](#)

Reviewed in the United States on August 23, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

At first, I specially thank to author for writing this book, which is really very informative about several method of water purifying. I am very glad to purchase and read this book, because I learn so many things from this book. There is discussion about water purifying 8 methods such as Water Ionizers, Kangen Water, Hydrogen Water, Atmospheric Water etc. There is also given How to Make your Own Nutritious Alkaline & Mineral Water At Home. I think we all need to know about this all purifying methods of water, that's why I highly recommend this book for all people to read this book..!!!

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ZRP_EETE

[5.0 out of 5 stars](#) [Helpful book.....**](#)

Reviewed in the United States on August 23, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This is really very helpful book, which is written about how to select drinking water in perfect way. This book discussed about 8 Methods of purifying water, I truly realize this book has given all methods very useful and effective. I think everyone shall read this book, that's why I highly recommend this book for all people to read this book and know about that kinds of all method..**

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Darren

[5.0 out of 5 stars](#) [Interesting](#)

Reviewed in the United States on August 26, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

I consider this book an indispensable part of the library of any serious lay reader of science. I work in the environmental compliance field and this book was a good non-fiction source of information to just conversant in the topics surrounding water. Water gets a lot of attention and the authors treatment of the many controversies was fair. I skipped over most of the water myths chapter.

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Shak75

[5.0 out of 5 stars](#) [Recommended](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

It is well researched, well thought out and formatted, well edited!! and very informative! He divides the books into sections on various types of water care: He even rates different means of treating water and gives his recommendations with pricing! I highly recommend it as it is very useful whether you are a homeowner, a camper, a hiker, an outdoors person or anyone who drinks water!

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M Morris

[5.0 out of 5 stars](#) [Best drinking water available from any source.](#)

Reviewed in the United States on August 24, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This book is a primer for those interested in obtaining better quality drinking water. The Drinking Water Book is a practical book to understanding water purifiers and bottled water. I was trying to do research on the internet about what each type of water purifier. It really helped me decide what kind of water filtration system you need for your home.

+++++



Mushi15

[5.0 out of 5 stars](#) [Appreciating](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Has more info on water and ALL the filters they have. What you need after you figure your water type . Also tons of info on filters and at the end his recommendations for best ones in the class like pitcher filter, faucet, whole house and more. Don't think you could get more info than he has. [Easy to read and lots of information.](#)

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JDR@

[5.0 out of 5 stars](#) [Drinking Water](#)

Reviewed in the United States on August 24, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Has more info on water and ALL the filters they have. What you need after you figure your water type . Also tons of info on filters and at the end his recommendations for best ones in the class like pitcher filter, faucet, whole house and more. Don't think you could get more info than he has. [Easy to read and lots of information.](#)

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Showing 21-30 of 54 reviews



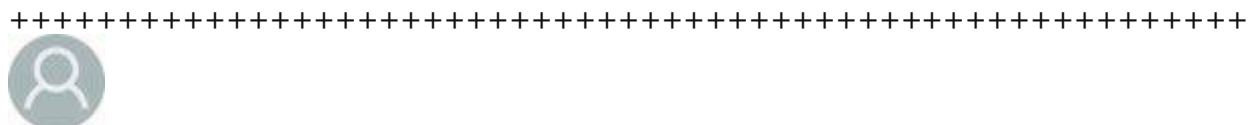
Mx Brun

[5.0 out of 5 stars](#) [Perfect Book....!](#)

Reviewed in the United States on August 26, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Has more info on water and ALL the filters they have. What you need after you figure your water type . Also tons of info on filters and at the end his recommendations for best ones in the class like pitcher filter, faucet, whole house and more. Don't think you could get more info than he has. Easy to read and lots of information.



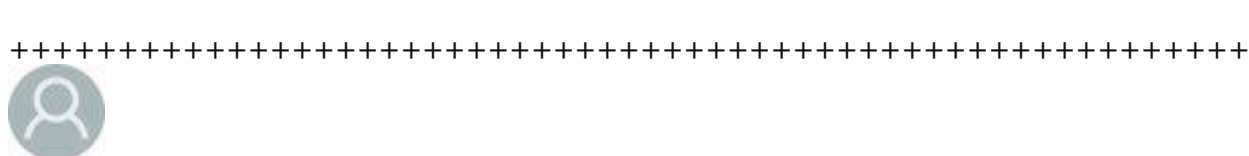
Vanessa Madeline

[5.0 out of 5 stars](#) [The Drinking Water Book](#)

Reviewed in the United States on August 21, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This book completely revised comprehensive guide to making tap and bottled water safer, you'll find unbiased reporting on what's in your water and how to drink safely. Featuring the latest scientific research, author evaluates the different kinds of filters and bottled waters and rates specific products on the market.



Eliza Catherine

[5.0 out of 5 stars](#) [Wonderful book.](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

The additional information, for example, the fat consuming nourishment was extremely valuable for me particularly collaborated with the plans they could be included into. Generally a decent book with loads of incredible tips, and ones that you would effortlessly adhere to whenever spurred enough.

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Grace

[5.0 out of 5 stars](#) [Important and amusing read](#)

Reviewed in the United States on August 24, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This is a decent book in the event that you are at all need to find out about water filtration. Everybody needs the data in this book. We as a whole drink and use water and not every last bit of it is sheltered. Heaps of information that sets aside much effort to get. Profoundly prescribed!

+++++



C. Lockhart

[5.0 out of 5 stars](#) [The Quick-Reference Manual to Choosing Clean & Healthy Water](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

It truly helped me choose what sort of water filtration framework you requirement for your home. Everybody needs some sort of channel framework. Simply approach your water provider for lab investigates your water. At that point, you will place in some sort of framework on your home.

+++++



James

[5.0 out of 5 stars](#) [Good Book.](#)

Reviewed in the United States on August 26, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

It truly helped me choose what sort of water filtration framework you requirement for your home. Everybody needs some sort of channel framework. Simply approach your water provider for lab writes about your water. At that point you will place in some sort of framework on your home.

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Sergio Lara

[5.0 out of 5 stars](#) [Recommended](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

It really helped me decide what kind of water filtration system you need for your home. Everyone needs some kind of filter system. Just ask your water supplier for lab reports on your water. Then you will put in some kind of system on your home.

+++++



Fatema Din@==

[5.0 out of 5 stars](#) [Can free from contaminating!!](#)

Reviewed in the United States on August 23, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This book is an important guide for drinking pure water. Because today's world there have many germs in the water which cause various water diseases. From the information of this book, we can free from any contaminants of water.

+++++



Galaxy

[5.0 out of 5 stars](#) [well presented](#)

Reviewed in the United States on August 24, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

I have read this book. The authors very well presented the book in front of us. This book fascinated me every single page. I am very much interested in reading his written books. I would like to recommend this book to everyone.

+++++



Minjka Huinjka

[5.0 out of 5 stars](#) [Quick Guide.](#)

Reviewed in the United States on August 26, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

The book instructs how to alkalize and remineralize the cleansed water with test examinations directed at home. The book shows sound water-drinking propensities and gives proposals toward the part of the bargain.

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Showing 31-40 of 54 reviews



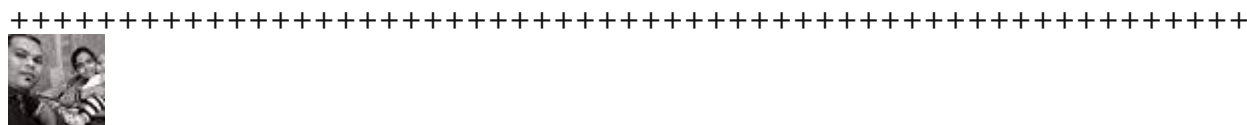
Nellie[]Walter

[5.0 out of 5 stars](#) [Truly wonderful book.](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This is a good purchase. If you are in doubt about your drinking water, buy a book on how to tell if it's good or not. This one tells you what to do and why you should do it. You should know about your water.



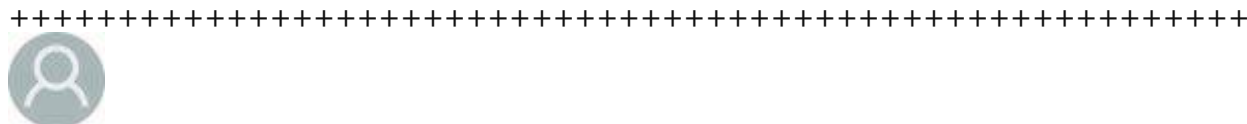
Madison Avery

[5.0 out of 5 stars](#) [Nice Book](#)

Reviewed in the United States on August 22, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

The Water We Drink Today Is 4.54 Billion Years Old! All Kinds of Drinking Water Available and Dangers Involved! How to Obtain Alkaline Water: There Are 8 Methods Discussed! Water Ionizers.



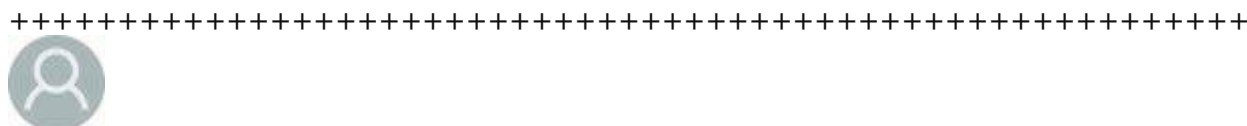
Hummer

[5.0 out of 5 stars](#) [Good book.](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Good book for drinking water. Representations in this book is just awesome. Author did a great job! Look froward to read more book's from this author.



Betty Martinez

[5.0 out of 5 stars](#) [Really good](#)

Reviewed in the United States on August 26, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This book is different. It's well-written, fully of interesting facts and anecdotes, well-organized, and pulls together a compelling story.

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Praise Jumboo

[5.0 out of 5 stars](#) [drinking water!!!](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

One would say there is no need for a guide to drinking water but that is a big lie. This book is a must read for everyone as a consumer.

+++++



Steve J. Roberts

[4.0 out of 5 stars](#) [Beginning](#)

Reviewed in the United States on August 24, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Great book - easy reading. Packed with valuable engineering! I recommend this for all water treatment plant operators. Buy it now!

+++++



Stever Anthony

[5.0 out of 5 stars](#) [like this book.](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

I feel this book something special, like the author talk near to the reader!
Recommended to all for this drinking water guide.

+++++



★★★Lotus★★★

[5.0 out of 5 stars](#) [Easy to understand](#)

Reviewed in the United States on August 23, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Great book - easy reading. Packed with valuable engineering! I recommend this for all water treatment plant operators. Buy it now!

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Travis Neff

5.0 out of 5 stars [Strongly recommended](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Explained very clearly and the way author explained. I really like this text book.
They're also full of good information.

+++++



Robert Swenson

5.0 out of 5 stars [Good resource.](#)

Reviewed in the United States on August 26, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

A good resource. I have heard most of the information before but i like that it's all together
as a guide to fasting.

+++++ Showing 41-50 of 54 reviews



Jamie Watson

4.0 out of 5 stars [Great book.](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Easy to follow. All recipes are rated according to difficulty thus, making this tool fool proof
for the beginner.

+++++



Jemmy Bardy

5.0 out of 5 stars [Recommended](#)

Reviewed in the United States on August 25, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Received this book on time. I would recommend this book. It's an easy read and contains
good information.

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Rose Elizabeth Cleveland

[5.0 out of 5 stars](#) [Good guide book...===](#)

Reviewed in the United States on August 23, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

Excellent! Great tips and guidance. The authors tips and tricks were a great bonus.

+++++



Kristina

[5.0 out of 5 stars](#) [Great book](#)

Reviewed in the United States on August 24, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This is really good book. I love this book.

+++++



jason smith

[4.0 out of 5 stars](#) [An inspiring book](#)

Reviewed in the United States on August 24, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

I was indeed thrilled to read through and learn the amazing descriptions on the formation of our Universe after the Big Bang, formation of stars, planets, galaxies, including the formation of our solar system, our Sun and our planet Earth. The contents of Chapter 1, Chapter 13, Chapter 15 & Chapter 16 are adorable. In a nutshell, this book teaches that we should avoid tap water, well water & bottled water, and drink only purified water that is either neutralized or slightly alkalized, and remineralized up to a TSD (Total Dissolved Solids) level of 200 ppm. The book teaches how to alkalize and remineralize the purified water with sample experiments conducted at home. The book teaches healthy water-drinking habits, and gives recommendations at the end of each chapter. I greatly admire and recommend this highly researched, well-documented, and fully comprehensive guide on drinking water to every adult living on our planet Earth. Helpful.

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Pubg

[5.0 out of 5 stars](#) [Informative and well researched.](#)

Reviewed in the United States on August 28, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This book was one of the best books I have read recently. It explains the potential pollutants that can be in your drinking water, evaluates some of the risks, gives you criteria to decide whether or not to get your water tested (with resources for reputable testers), evaluates several different methods of drinking water filtration, and even reviews and rates available systems. I've been going round in circles trying to get some clear answers and finally found them in this book.

+++++

[5.0 out of 5 stars](#) [Awesome book.](#)

Reviewed in the United States on August 26, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

In a nutshell, this book teaches that we should avoid tap water, well water & bottled water, and drink only purified water that is either neutralized or slightly alkalized, and remineralized up to a TSD (Total Dissolved Solids) level of 200 ppm. The book teaches how to alkalize and remineralize the purified water with sample experiments conducted at home.

+++++



Tirado#

[5.0 out of 5 stars](#) [Great Book](#)

Reviewed in the United States on August 26, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

This is an excellent read! Entertaining from start to finish. This book highlights the importance of water: helps us to consider what we might do now to ensure that the tap continues to flow here, and; encourages us to support the provision of clean water to other areas of the world that do not currently have water security.

+++++



Ashley Savannah

[5.0 out of 5 stars](#) [Nice book.](#)

Reviewed in the United States on August 28, 2019

[Format: Kindle Edition](#) [Verified Purchase](#)

I inclined such colossal amounts of viable things from this book. I love this book. I genuinely value scrutinizing this book. I would recommend this book to anybody. Whatever, on account of the writer, we must be suggested for this book.

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Jeson Roy

[5.0 out of 5 stars](#) [overall excellent!](#)

Reviewed in the United States on August 28, 2019

[Format: Kindle Edition](#)

Great contain guide forever. I'm satisfied with this guide. I was really amazed by reading through the amazing scientific facts about our universe. I'm going to give best rating for this good content book. Thankful!

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Showing 51-54 of 54 reviews



Jemmy Parker

[5.0 out of 5 stars](#) [Informative](#)

Reviewed in the United States on August 27, 2019

[Format: Kindle Edition](#)

This book was essential book for all people. Every years many people effect diseases by dirty water. I think this book helped me a lot to maintain the rules. Also guided me to drink pure water.

+++++



M. Ardon

[5.0 out of 5 stars](#) [Good book](#)

Reviewed in the United States on August 28, 2019

[Format: Kindle Edition](#)

This is a good book if you are at all wanting to know more about water filtration. The author also includes different products and his rating of each of these.

+++++



Robert Jack

[5.0 out of 5 stars](#) [Helpful Book](#)

Reviewed in the United States on August 26, 2019

[Format: Kindle Edition](#)

This is very helpful book for all. From this you can learn many things about fresh drinking water. Healthy water is very good for health.

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SM Kabbo

5.0 out of 5 stars [Help for Drinking Water!!](#)

Reviewed in the United States on August 30, 2019

[Format: Kindle Edition](#)

I think this book has very good tips for Drinking water. I want to read it and I will that very soon.

+++++

MOST IMPORTANT REVIEWS ARE LISTED BELOW

When this book was advertised, many readers downloaded, read the book and wrote reviews!

REVIEWS

• Very satisfied with my purchase, everything is explained in a clear way.
-- Lori P. Kove

• This book fascinated me every single page.
-- Galaxy

• This is an excellent read! Entertaining from start to finish. -- Tirado

• I cherish this book. I truly worth examining this book. I would prescribe this book to anybody. Finally I can say that this book has contemplated Drinking Water Guide.
-- Suzanne Gonzalez

• This book is amazing. I inclined such colossal amounts of viable things from this book. I love this book. I genuinely value scrutinizing this book. I would recommend this book to anybody. Whatever, on account of writer, we must be suggested for this book. -- Nusirat Ishola

• Very interesting book for understanding the very complex ways of drinking water.
-- Ralph Torres

• This book is extremely extraordinary, in the wake of pursuing this book, I am so intrigued.
-- King \$

• Great content guide forever. I'm fully satisfied with this guide. I was really amazed by reading through the amazing scientific facts about our universe. I'm going to give best rating for this good content book. Thankful!
-- Jeson Roy

• This book is essential book for all people. Every year many people are affected by diseases by dirty water. I think this book helped me a lot to maintain the rules. Also guided me to drink pure water.
-- Jemmy Parker

• This is really very helpful book, which is written about how to select drinking water in perfect way. In this book discuss about 8 Methods of purifying water, I truly realize this book has given all methods are very useful and effective. I think everyone shall read this book, that's why I highly recommend this book for all people to read this book and know about that all kinds of methods. -- ZRP_FETE

• At first, I specially thank the author for writing this book, which is really very informative about several methods of water purifying. I am very glad to purchase and read this book.
-- Alejandra Moreno

• This is a decent book in the event that you are at all need to find out about water filtration. Everybody needs the data in this book. We as a whole drink and use water and not every last bit of it is sheltered. Heaps of information that set aside much effort to get. Profoundly prescribe!
-- Grace

• This book is an important guide for drinking pure water. Because today's world there have many germs in the water which cause various water diseases. From the information of this book, we can be free from any contaminants of water.
-- Fatema Din@

• This book is different. It's well-written, fully of interesting facts and anecdotes, well-organized, and pulls together a compelling story. -- Betty Martinez

• One would say there is no need for a guide to drinking water but that is a big lie. This book is a must read for everyone as a consumer.
-- Praise Jumboo

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